Name:

Period:

**LONG PILLOW SEWING DIRECTIONS**

***FRONT OF PILLOW DIRECTIONS:***

1. Lay the 4 pillow squares out on the table the way you want it to look when it is done.

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2. Place two of the squares on top of each other with decorated sides together.

3. Pin one of the edges together, using about 3 pins. Open it up and check to make sure this is the way you want it to look and be sewn.

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4. Show these two pinned squares to the teacher. \_\_\_\_\_\_\_\_\_ (TEACHER Initials)

5. Sew a seam. Sew the seam using the 1.0 cm (1/4 inch) line on the sewing machine. Back stitch at both ends to lock in the stitch. (Just like you did on the sewing sample.) \_\_\_\_\_\_\_\_\_\_\_(TEACHER Initials)

6. Press the seam open with a hot iron. If you have fabric paint on the squares press with your fingers NOT a hot iron…you will melt the paint.

7. Place the other two squares with decorated sides together.

8. Pin two edges together. Use about 3 pins. Open it up and check to make sure this is the way you want it to look and be sewn.

9. Show these two pinned squares to the teacher. \_\_\_\_\_\_\_\_\_ (TEACHER Initials)

10. Sew a seam. Sew the seam using the 1.0 cm (1/4 inch) line on the sewing machine. Back stitch at both ends to lock in the stitch. (Just like you did on the sewing sample.) \_\_\_\_\_\_\_\_\_\_\_(TEACHER Initials)

11. Press the seam open with a hot iron. If you have fabric paint on the squares press with your fingers NOT a hot iron…you will melt the paint.

12. Again lay the pillow squares out on the table the way you want it to look when it is done.

13. You are now ready to sew all four squares together. Lay two of the squares (already sewn together) on top of the other two squares (already sewn together) with decorated squares together.

14. Pin the edge together that needs to be sewn. Use about 4 pins. Place pins across (perpendicular to the edge) the area to be sewn.

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15. Sew a seam. Sew ¼ inch (1.0 cm) from the edge of the fabric. Back stitch both ends of the seam. Press the seam open with a hot iron. \_\_\_\_\_\_\_\_\_\_\_\_ (teacher initials)

16. The FRONT of your pillow is now completed!!!

***BACK OF PILLOW DIRECTIONS***

1. Find a bolt of fabric the color you want for the BACK of your pillow. Take your bolt of fabric to the teacher and ask her to cut a backing for your pillow. Remember your PATIENCE.

2. Place your decorated squares, upside down (decorated sides down), on top of the large square of fabric. (The back will be larger than the front).

3. Pin these two pieces together—all four edges. \_\_\_\_\_\_\_\_\_\_ (teacher initials)

4. Trim the excess back around your pillow so the edges match up.

5. Mark 1.0 cm corners at each corner of your pillow. \_\_\_\_\_\_\_\_(teacher initials)

6. Before you sew the two pieces together, you must mark an area to leave open so you can turn the pillow right side out and fill with fiberfill stuffing.

7. On one of the four edges of your pillow, make two pencil marks, 5 inches apart or big enough to get your hand through it. Draw a wavy line between the dots. You will NOT sew between these dots. DO NOT START IT AT A CORNER. \_\_\_\_\_\_\_\_\_\_\_\_\_ (teacher initials)

8. Starting at one dot, sew all the way around the entire pillow. Make sure you backstitch at the starting dot. Sew ¼ inch from the edge of the fabric. Pivot at the corners. Stop stitching at the other dot and remember to back stitch. \_\_\_\_\_\_\_\_\_\_\_\_\_\_ (teacher initials)

9. Reach your hand inside your pillow and grab the opposite side of the pillow and pull until you pull the pillow right side out.

***STUFFING AND HANDSTITICHING YOUR PILLOW***

1. Using the eraser end of a pencil, push the corners out until they are really square.

2. Get ½ bag of fiberfill stuffing. Rip the stuffing apart into very small pieces and put it inside of the pillow.

3. Pin the opening closed so that it matches up with the rest of the seam. \_\_\_\_\_\_\_\_(teacher initials)

4. Using a single thread and a hand-sewing needle, sew the 5 inch opening closed. (SHOW THE TEACHER ONCE YOU STITCH ONE INCH TO MAKE SURE IT IS GOOD.) \_\_\_\_\_\_\_\_\_\_\_ (teacher initials)

5. Fluff your pillow. Show it to someone so they can see what a great job you did! Give yourself a pat on the back.

6. Self-evaluate your pillow.

7. Pin your evaluation sheet to your pillow and turn your pillow in for grading.