Name: Period:

Tools of the Trade

Abbreviations 1. Name 2 abbreviations for	tablespoon				
2. Name 2 abbreviations for	teaspoon				
3. Name the abbreviation for	· cup				
Measuring Equipment Label each picture with the proper name of the measuring equipment.					
4.	5.	6.			
Equivalents					
7. 1 tablespoon =	teaspoons				
8. 1 cup =	tablespoons				

- Temperature
 10.) What is the temperature range for the danger zone?
- 11.) What happens to bacteria in the danger zone?

9. 1 stick of butter = _____cups

Measuring Techniques and Ingredients

A. Brown Su	gar	B. Flour		C. Shortening		
	D. Milk	E.	Peanut Butter			
12. Pack into <u>dry measuring cup</u> until the ingredient holds the shape of the cup and level off						
13. Sift to add air, spoon into dry measuring cup and level off						
14. Stand <u>liquid measuring cup</u> on flat surface, fill to line and check at eye level						
15. Displacement method using water						
16. C	oat measuring cup or n	neasuring s	poon with vegetable	le oil before measuring		
Recipe Rea		yastions				
Use the recipe below to answer the questions.						
17. What tem	perature do you prehea	t the oven	to?			
18. What is the	ne yield?					
19. How far a	apart should the cookies	s be on the	baking sheet?			
20. What ing	redients do you measur	e with a tea	aspoon?			
Oatmeal Trea	<u>ts</u>					
1 c. shortening						
2 c. brown sug 2 eggs	gar					
1-1/2 c. whole-wheat flour						
1 t. salt						
1 t. baking soda 1 t. vanilla						
3 c. uncooked oats						
½ c. walnuts, chopped						
1 c. dried apricots						

Preheat oven to 350 degrees F. In a large mixing bowl, cream shortening and sugar. Add eggs and vanilla, beating until light and fluffy. Sift dry ingredients together and add to creamed mixture. Beat ingredients until well mixed, occasionally scraping bowl. Stir in oats, walnuts, and apricots. Mix. Drop by the teaspoonful, 1 inch apart, onto greased baking sheet. Bake 10-12 minutes or until lightly browned. With turner, immediately remove cookies to wire racks to cool. Makes 4 dozen cookies.